

**Thumbnail Description: ‘Climb’ to Mark the 150<sup>th</sup> Anniversary of the First Recorded Ascent of Mt. Harvard (Sawatch Range, Colorado): 18-20 Aug. 2019**

Objective: To hike the traditional Horn-Fork Basin Trail and summit the peak before midday on the anniversary date (19 August)

Peak Elevation: 14,420 feet [~4,400 meters] (3<sup>rd</sup> highest in Colorado, 4<sup>th</sup> in Lower 48)

Trailhead: North Cottonwood (elevation: 9880 feet [~3010 meters], SE of peak)

Approximate Round-trip Distance: 14 miles [~22.5 km]

Elevation Gain: 4,540 feet [~1,390 meters]

Trail Difficulty: It is a hike, not a technical climb: on scale Class 1-5 (5 = max), trail is Class 1 (easiest) for first 85% then Class 2 (next hardest) for remainder

Target Population: Adults in good physical condition

Acclimatization to altitude is highly recommended for those coming from any elevation below ~5000 feet [~1525 meters]; moderate practice hikes at elevation >7000 feet also recommended in the days leading up to this event.

Risks and Their Mitigation:

<b>Risk</b>	<b>Mitigation</b>
Fatigue	Proper physical preparation, general health, rest before (and when needed), proper hydration and avoidance of things that dehydrate (alcohol, caffeine, smoking anything, etc.)
Altitude sickness	Arrive and stay at elevation (~7,000 feet / ~2150 meters, or higher) at least 2 days prior to ascent, proper hydration and avoidance of things that dehydrate (see ‘Fatigue’, above)
Foul weather	Backup date, weather awareness, reach tree line on descent by early PM, always follow instructions of event leaders
Injury	Local first-aid assistance for simple matters, professional extraction summoned by satellite phone for anything severe

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**Hike Specifics:**

Date: Monday 19 August 2019 (foul-weather backup: Tuesday 20 August 2019)

Times: 05:30 AM: meet at trailhead, stretch (any missing paperwork to be provided)  
by 06:00 AM: begin hike  
late AM: photos at summit, lunch (each to bring own meal, water, etc.)  
~12:00 noon: begin descent (reach tree line by early PM)  
~17:00 (5 PM): leave trailhead for rest, recovery, and evening meals

Stay tuned for further details on: suggested preparation (fitness, gear, supplies, etc.), maps, trail profiles, possible places to stay (including camping alternatives), and liability waiver (signature required in order to participate)