Objective: To hike the traditional Horn-Fork Basin Trail and summit the peak before midday on the anniversary date (19 August)

Peak Elevation: 14,420 feet [~4,400 meters] (3\textsuperscript{rd} highest in Colorado, 4\textsuperscript{th} in Lower 48)

Trailhead: North Cottonwood (elevation: 9880 feet [~3010 meters], SE of peak)

Approximate Round-trip Distance: 14 miles [~22.5 km]

Elevation Gain: 4,540 feet [~1,390 meters]

Trail Difficulty: It is a hike, not a technical climb: on scale Class 1-5 (5 = max), trail is Class 1 (easiest) for first 85% then Class 2 (next hardest) for remainder

Target Population: Adults in good physical condition

Acclimatization to altitude is highly recommended for those coming from any elevation below ~5000 feet [~1525 meters]; moderate practice hikes at elevation >7000 feet also recommended in the days leading up to this event.

Risks and Their Mitigation:

<table>
<thead>
<tr>
<th>Risk</th>
<th>Mitigation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fatigue</td>
<td>Proper physical preparation, general health, rest before (and when needed), proper hydration and avoidance of things that dehydrate (alcohol, caffeine, smoking anything, etc.)</td>
</tr>
<tr>
<td>Altitude sickness</td>
<td>Arrive and stay at elevation (~7,000 feet / ~2150 meters, or higher) at least 2 days prior to ascent, proper hydration and avoidance of things that dehydrate (see ‘Fatigue’, above)</td>
</tr>
<tr>
<td>Foul weather</td>
<td>Backup date, weather awareness, reach tree line on descent by early PM, always follow instructions of event leaders</td>
</tr>
<tr>
<td>Injury</td>
<td>Local first-aid assistance for simple matters, professional extraction summoned by satellite phone for anything severe</td>
</tr>
</tbody>
</table>

Hike Specifics:

Date: Monday 19 August 2019 (foul-weather backup: Tuesday 20 August 2019)

Times: 05:30 AM: meet at trailhead, stretch (any missing paperwork to be provided) 
        by 06:00 AM: begin hike
        late AM: photos at summit, lunch (each to bring own meal, water, etc.)
        ~12:00 noon: begin descent (reach tree line by early PM)
        ~17:00 (5 PM): leave trailhead for rest, recovery, and evening meals

Stay tuned for further details on: suggested preparation (fitness, gear, supplies, etc.), maps, trail profiles, possible places to stay (including camping alternatives), and liability waiver (signature required in order to participate)